

Testimonials

"When my daughter was discharged she began the program, and was followed by the caring staff at Southworth Associates, which she said was a huge deterrent in preventing a relapse."
–Lauren from Maryland

"Thank you for all your support. We appreciate your constant guidance and friendship. May God bless the staff at Southworth. One day at a time!"
–Nesa from Texas

"To know you is to find me."
–Steven from California

"As we all know, this is a process, but it sure feels good to be sober and in a healthy recovery. Thanks for all your help."
–Curt from Mississippi

Southworth Associates

For more information, please contact our offices at: (800) 386.1695

Or contact our Program Coordinator, John Southworth, CADC, BRI-II at: (866) 460.9014 (24-hour hotline)

Please feel free to also visit our website for additional information about our services:

www.southworthassociates.net

Members of



The Recovery Enhancement Program

Case Management Level I



SOUTHWORTH ASSOCIATES

Lending a hand...
any time, any place.

Program Overview

The Recovery Enhancement Program (REP) is a program that aids individuals who suffer from addiction on their journey to recovery. REP is designed as an extension of residential treatment that is intended to help participants follow through with their aftercare recommendations.

We offer two different tracks to provide a progressive level of support. Case Management Level I is the first track in REP. The program is not limited to only those suffering from a chemical dependency; it is also available to individuals with mental health issues and other process addictions (such as eating disorders, shopping, online gaming, gambling addiction, etc.).

Case Management Level I not only benefits the individuals participating in the program, it also benefits their loved ones and support network. The program gives responsibility back to the participants while holding them accountable for their own program progress. This alleviates family members from the burden of monitoring the participant on their own.

What are the components of a contract?

Enrollment in REP begins with the following:

- Recommendations from the treatment facility
- Recommendations from the family and/or appointed outside agency
- Participant contact information and personal history
- Releases of confidential health information for anyone who will be involved with their support network and aftercare program

How does follow-up occur with Case Management Level I?

While a client is enrolled in the program, the case manager provides their family, treatment providers, and support network with a disclosure of their recovery progress. This includes a report for all random drug and alcohol screenings, updates on returned documentation for 12-step meeting attendance and sponsor meeting attendance, and any treatment progress with a therapist, psychiatrist, or aftercare provider. If a participant is non-compliant with any of these requirements, the appropriate parties will be notified (i.e. family members, sponsor, therapist).

How do we monitor these requirements?

- **Urine drug and alcohol screening:** Clients are required to call in on weekdays to an automated system to find out if they are selected to do a urine screening.
- **Attendance at 12-Step meetings:** Clients are supplied with AA/NA slips that they take to their 12 step meetings. They are required to have the slips signed by the meeting secretary, or signer, for every meeting attended.
- **Meetings with a 12-Step sponsor:** In addition to having slips signed at 12 step meetings, clients need to document meetings they attended with their sponsor for the week or month.
- **Meetings with a therapist/addictionologist/psychiatrist:** If meeting with these professionals, or any other treatment provider, is a recommendation made by the treatment center or family member, then the case manager will request updates from these providers on either a monthly or quarterly basis depending on the frequency of the client's participation in therapy.
- **Attendance at aftercare or outpatient services (if recommended):** If a participant needs to follow up with aftercare or outpatient services, REP will request monthly treatment updates from the provider.