

# Warning Signs:

Excessive Drinking  
Prescription Drug Abuse  
Finances in Turmoil  
In Need of Family Counseling  
Struggling with Addiction  
Marital Issues  
Depression  
Erratic Behavior  
Loss of Interest in Job  
Suicidal Thoughts  
Alienation  
Changes in Weight / Appetite  
Feelings of Hopelessness  
Unable to Sleep

All communications to Safe Call Now are guaranteed to be confidential nationwide per Revised Code of Washington RCW.43.101.425

# Proud Supporters of our Mission:

 **TRANSFORMATIONS**  
DRUG & ALCOHOL TREATMENT CENTER  
**855-751-7059**

**verizon**foundation

**Lexipol**  
Predictable is Preventable™

**Washington State**  
Council of Fire Fighters

**SAFE CALL NOW.org**  
™ "Saving the lives of those who protect us"

**206-459-3020**

[www.safecallnow.org](http://www.safecallnow.org)



Safe Call Now is a registered non-profit 501(c)(3) designated as a public charity. Federal Tax ID# 20-343-0343

**SAFE CALL NOW.org**  
™ "Saving the lives of those who protect us"

Safe Call Now is a confidential, comprehensive, 24-hour crisis referral service for public safety employees and all emergency services personnel and their family members nationwide.

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